

PROFESSIONAL SPEAKING ENGAGEMENTS



advantage
WELLNESS

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Chad Henriksen, DC
President
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Dr. Chad Henriksen, a recognized safety, health and wellness consultant, incorporates his dynamic real life approach to empower employees to a better quality of living. His professionalism is matched only by his warmth and passion for the health and safety for today's workforce. He has motivated thousands of employees to personally take charge of their safety and health. His seminars and workshops have stimulated many to make a lifelong commitment to personal and professional achievement.

Dr. Henriksen's history of professional speaking engagements is impressive. He has spoken at many national and regional occupational safety and health conferences including events of the **Minnesota Safety Council**, the **National Safety Council's Annual Congress**, the **American Occupational Health Conference**, the **Iowa Chiropractic Society's Convention** and for numerous local companies.

TOPICS & AUDIENCES LIST

SAFETY, HEALTH & WELLNESS ORGANIZATIONS, CONFERENCES & CONVENTIONS

Keys to Successful Health and Wellness Programs
The Cost Effectiveness of Onsite Health Care For Employers
Oh, My Aching Back! - Low Back Care and Maintenance
Preventing Upper Extremity Injuries - Injury Prevention
Where Did the Time Go? - Time Management
Making Wellness Work for Your Company
Keys to Reducing Repetitive Stress Injuries
Ergonomics and the Human Frame

EMPLOYEES AND EXECUTIVES

Quit Kicking the Cat - Managing Stress in Our Lives
Where Did the Time Go? - Time Management
Look At It This way - Goal Setting for Success
Living Well - Personal Wellness
Oh My Aching Back - Low Back Care and Maintenance
Just Sitting Around - Seated Workers' Ergonomics
Preventing Upper Extremity Injuries - Injury Prevention
Nutritional Nuggets - Impacting Nutritional Intake
Fit for Living - Impact on Health by Fitness and Exercise
Enjoying the Sunshine - Summer Safety & Prevention

EMPLOYERS, HR & SAFETY EXECUTIVES

Keys to Successful Health and Wellness Programs
The Cost Effectiveness of Onsite Health Care For Employers
Oh, My Aching Back! - Low Back Care and Maintenance
Preventing Upper Extremity Injuries - Injury Prevention
Do You Want More Time? - Managing the Time Given You
Making Wellness Work for Your Company
Keys to Reducing Repetitive Stress Injuries
Ergonomics and the Human Frame

THE CHIROPRACTIC PROFESSION

Working with Industry & Business
The Delivery of Workplace Wellness
Occupational Health for Doctors of Chiropractic

To schedule Dr. Chad Henriksen for your program,
or for further details, CV, and topic outlines, please
contact Advantage Wellness at (952) 442-7075.

www.advantagewellness.com